

Course: Grade 10 Physical Education

Teacher: Mr. Bateman

Room: 114/115/119

E-mail: jbateman@emsb.qc.ca

Texts/workbooks: _____

Course description: Physical Education is the opportunity for students to learn, develop and improve skills. Students will participate in both team and individual activities throughout the year 2 out of 7 days.

	TERM 1 (20%)	
<p><i>Competencies Targeted</i></p> <p>Competency 1 = Performs movement skills in different physical activity settings. Touch Football, softball and Soccer</p> <p>Competency 2 = Interacts with others in different physical activity settings. Touch Football, softball and Soccer</p> <p>Competency 3 = Adopts a healthy, active lifestyle. Fitness</p>	<p><i>Evaluation Methods</i></p> <p>Participation, game evaluation, individual skill assessment, quizzes, fitness testing</p>	<p><i>Timeline</i></p> <p>Every class</p>
	TERM 2 (20%)	
<p>Competency 1 = Performs movement skills in different physical activity settings. Badminton and Volleyball</p> <p>Competency 2 = Interacts with others in different physical activity settings. Touch Football and Soccer</p> <p>Competency 3 = Adopts a healthy, active lifestyle. Fitness</p>	<p>Participation, game evaluation, individual skill assessment, quizzes, fitness testing</p>	<p>Every class</p>
	TERM 3 (60%)	
<p>Competency 1 = Performs movement skills in different physical activity settings. Basketball, Handball, Ultimate Frisbee</p> <p>Competency 2 = Interacts with others in different physical activity settings. Basketball, Handball, Ultimate Frisbee</p> <p>Competency 3 = Adopts a healthy, active lifestyle. Fitness</p>	<p>Participation, game evaluation, individual skill assessment, quizzes, fitness testing.</p>	<p>Every class</p>

END OF YEAR RESULT									
Term 1		Term 2		Term 3	=	100%			
20%	+	20%	+	60%					

Additional Information / Specifications
<ul style="list-style-type: none"> • All students are expected to participate in all classes. A medical note must be provided for a student to be excused from participation in physical education class due to illness or injury. Evaluation in physical education is ongoing. It occurs every class. • Students should arrive to P.E. class wearing the proper gym uniform (including dress-down days – Royal West burgundy t-shirt, Royal West grey shorts, socks and athletic footwear. Athletic footwear needs to have laces, cannot be all black, and slip-on shoes are not acceptable. Nylons and tights are not permitted. • Hair must be properly secured. No jewellery. • Only RWA sweatshirts and sweatpants are permitted for outdoor classes. • Eating and chewing gum is not permitted during Physical Education class. • Please purchase and use a lock to secure your belongings in the locker room during P.E. class.

Remediation Schedule	
Day 2 & 4	Time: Lunch
I will be available on days 2 and 4 at lunch in the New Gym office.	

Parent Signature: _____

Student Signature: _____