Course: Grade 8 Physical Education

Teacher: Mr. J. Bateman Room: 114/115/119

E-mail: jbateman@emsb.qc.ca

Texts/workbooks:

Physical Education is the opportunity for students to learn, develop and improve skills. Students will Course description: participate in both team and individual activities throughout the year 3 out of 7 days.

participate in	both team and individual activities throughout t TERM 1 (20%)	ne year 5 out or 7 days.
Competencies Targeted	Evaluation Methods	Timeline
Competency 1 = Performs movement skills in different physical activity settings.  Competency 2 = Interacts with others in different physical activity settings.  Competency 3 = Adopts a healthy, active lifestyle.	Participation, game evaluation, individual skill assessment, quizzes, fitness testing	Every class  - Students will be receiving their Terry Fox pledge forms the beginning of September.  All grade 8 students participate in the Terry Fox run each year at RWA. Pledge forms must be returned no later than the day before the race. Students that complete their entire pledge forms will receive a community credit. Run Date = October 6th periods 5 & 6.
	TERM 2 (20%)	
Competency 1 = Performs movement skills in different physical activity settings.  Competency 2 = Interacts with others in different physical activity settings.  Competency 3 = Adopts a healthy, active lifestyle. Fitness	Participation, game evaluation, individual skill assessment, quizzes, fitness testing	Every class
	TERM 3 (60%)	
Competency 1 = Performs movement skills in different physical activity settings.  Competency 2 = Interacts with others in different physical activity settings.  Competency 3 = Adopts a healthy, active lifestyle. Fitness	Participation, game evaluation, individual skill assessment, quizzes, fitness testing.	Every class

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## **END OF YEAR RESULTS**

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Term 1 20%	+	Term 2 20%	+	Term 3 60%	=	100%			

## **Additional Information / Specifications**

- All students are expected to participate in all classes. A medical note must be provided for a student
  to be excused from participation in Phys Ed class due to illness or injury. Evaluation in physical
  education is ongoing. It occurs during every class.
- Students should arrive to P.E. class wearing the proper gym uniform (including dress-down days) –
  Royal West burgundy t-shirt, Royal West grey/blue shorts, socks and athletic footwear. Athletic
  footwear cannot be all black, needs to have laces, and slip-on shoes are not acceptable. Nylons and
  tights are not permitted.
- Hair must be properly secured. No jewellery.
- Only RWA sweatshirts and sweatpants are permitted for outdoor classes.
- Eating/gum chewing is not permitted during Physical Education class.
- Please purchase and use a lock to secure your belongings in the locker room during P.E. class.

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Remediation Schedule  Day: 2 and 4	Time: Lunch
I will be available on days 2	and 4 at lunch in the New Gym office

Parent Signature:		
Student Signature:		

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