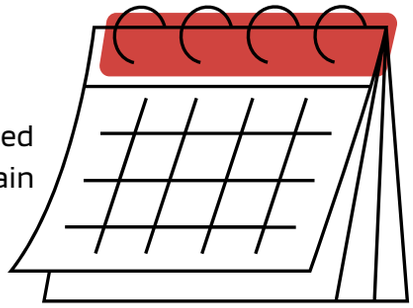
MINDPOP

How to Prepare for a Test

Tips for Review

Make a plan



Step 1: When is the quiz or test? Mark it in your agenda

Step 2: Make a list of **ALL the topics** covered on the test

- organize your list by grouping similar topics
- Break the list into manageable chunks (E.g., for a book test, you might need to know the characters, settings, main events, resolution, symbolism, main ideas, historical context, etc.).

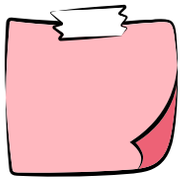
Step 3: Make a schedule: decide when you will review each chunk

- Do not try to tackle too many topics each day!
- The night before the test or quiz should be left to lookover all the topics on your list.

Tip: You should always plan to **study over multiple days.**

- Start reviewing **one week** before a test and **three days** before a quiz.

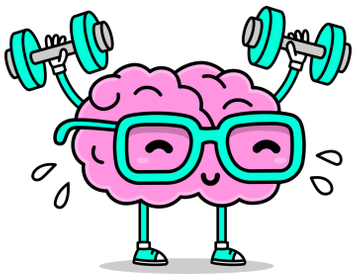
Strategies



- Often, reading from slides, notes, or a textbook is not enough. Have evidence of your studying.
  - **Make notes!** Recopying notes in different words forces your brain to pay attention to the information.
    - Focus on key vocabulary and definitions.
    - Go over past assignments, quizzes, and tests. Correct wrong answers.
    - Create a summary for each chunk. Ask yourself, what is the MOST important takeaway about this topic? If you cannot summarize, then you do not know the material well enough.
  - **Make a practice test!** Become the teacher. What do you NEED to know about each topic? Swap your practice test with a friend.
  - **Cue cards!** Cue cards are great for tests with definitions or dates. Try to recall the answer without looking!
  - **Talk about it!** Explain the material to someone else or create voice memos of your notes and listen to them to review.
    - Do not try to listen to all of your notes the morning before your test! This will make your brain tired.

Additional Tips

- Remember: Your goal is to **understand**, not **memorize**
- Find a system that works for you.
- A math memory aid is not enough. You need to know **WHY** the formulas work and **HOW** to use them.
- Practice, practice, practice.



GOOD LUCK- NOT THAT YOU NEED IT!